



Holiday Gala Raises More Than \$1 Million

The Mission Hospital 21st Annual Holiday Gala was an enormous success – raising more than \$1 million – thanks to the engagement of hundreds of inspired community members and guest speakers Patrick J. Kennedy and Kay Warren.

Former Rhode Island Congressman and founder of The Kennedy Forum and One Mind, Patrick J. Kennedy and Kay Warren, co-founder of Saddleback Church, shared their personal and family struggles with mental illness and urged the community to partner with Mission Hospital to build a specialized dual-diagnosis mental health program treating chemical dependency and mental illness.

Kennedy and Warren described mental illness as a disease of the brain and called community members to treat mental illness with the same dignity and respect that other diseases are given. They praised Mission Hospital for serving as a leader in enhancing access to

mental health and wellness programs and services.

One of the grand moments of the evening was a Fund a Need challenge which raised more than \$600,000 to support the dual-diagnosis mental health unit at Mission Hospital Laguna Beach. The remaining funds raised by the gala will support advanced technology, cutting-edge programs and services, nursing excellence and community benefit programs that support the hospital's seven clinical institutes: Cancer, Heart & Vascular, Mental Health & Wellness, Neuroscience, Orthopedics, Trauma & Emergency and Women & Infants.

This will be the only dual-diagnosis unit in Orange County, and one of the few across the state and country. This innovative program truly represents Mission Hospital's commitment to the highest level of advanced, compassionate care.

Save the date for the 2017 Holiday Gala – December 2.



In December, the Mission Hospital Board of Trustees proudly announced the hospital's new Chief Executive, Tarek Salaway.

Read the full article on page 3.

Many thanks to our premier sponsors

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Celebrating at the Holiday Gala (left to right): Tarek Salaway (Chief Executive), Toni Andrews (Holiday Gala Co-chair), Gloria Luna (Holiday Gala Co-chair), Kay Warren, Patrick J. Kennedy, Margarita Solazzo (Holiday Gala Co-chair), Gwen Anderson (Interim Chief Development Officer) and Jim Bastian (Chair, 2016 Foundation Board of Directors).

A Ministry founded by the Sisters of St. Joseph of Orange.

Philanthropy Update

As Mission Hospital continues our exciting journey of excellence, bringing world class health care to south Orange County, one thing is abundantly clear – we are blessed to have extraordinary partners, like you, with us on this journey. It is an especially meaningful time to be connected to Mission Hospital.

As our clinical institutes continue to grow and develop, our patients are looking for ways to recognize the physicians and nurses who have guided them during illness and times of need. Mission Hospital Heroes, a recognition program that encourages patients and their families to share their appreciation supports:

- Advanced technology and superior facilities
- Clinical excellence through training and education
- Community benefit programs that care for the underserved

Your support allows us to save and enrich lives every day at Mission Hospital. Look for the donation envelope in this issue.

One of the ways we convey our gratitude and appreciation to our most engaged donors is through our Philanthropist Circle and 24/7 Hospitality programs. Members of our Philanthropist Circle have donated \$100,000 or more to support Mission Hospital.

Mission Hospital Foundation Celebrated as High Performer

The Association of Healthcare Philanthropy named Mission Hospital Foundation a High Performer based on fiscal year 2015 data.

Only 51 organizations were recognized with this honor based on high efficiency, effectiveness and bottom-line returns. Honored organizations raised more than \$11.9 million in net production returns.

Philanthropist Circle offers exclusive access to a team of compassionate professionals to help navigate your health care experience at Mission Hospital. A registered nurse and physician liaison are available 24 hours a day, seven days a week to help facilitate your needs.

To learn more, call me at (949) 365-2468.

Warmly,



Gwen Anderson
Interim Chief Development Officer

The Mission Hospital Family Welcomes Our New Chief Executive Tarek Salaway

At the Holiday Gala, Interim President and Chief Executive Officer Dr. Richard Afable announced Tarek Salaway will serve as Mission Hospital's new chief executive, leading both the Mission Viejo and Laguna Beach campuses.

Tarek has been serving as chief operating officer for more than a year, leading Mission's efforts to achieve significant improvements in quality, patient satisfaction and employee engagement, as well as the growth of high performing and reputable clinical programs and specialties.

Tarek has a keen understanding of the importance of philanthropy and how partnership with the philanthropic community can make wonderful milestones achievable in the delivery of world class care. Tarek brings extensive hospital leadership experience, and we look forward to working closely with him as we continue to raise funds to support the growth of our seven clinical institutes.



The Mission Hospital Board of Trustees began the search for our next chief executive in April of last year, engaging a national search firm and considering leading candidates from across the United States. In the end, the Board concluded that the most qualified candidate for this critical leadership position was Tarek Salaway, our current chief operating officer.

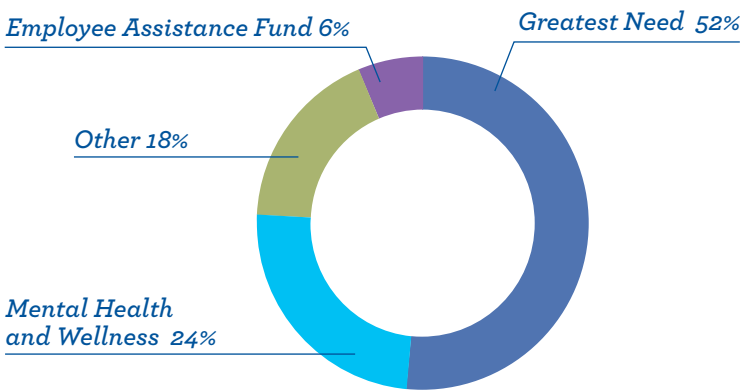
"I am thrilled to serve Mission Hospital and the community in such an important

leadership role, helping to drive Mission's success as the premier health care organization in south Orange County, and as an essential ministry in the St. Joseph Hoag Health network."

Prior to joining Mission in October 2015, Tarek served as the chief operating officer at Keck Hospital of USC and USC Norris Cancer Hospital and has held previous executive leadership positions with Stanford Health Care and Providence Health & Services.

Employees Are Also Donors

The fiscal year 2017 Employee Giving Campaign raised more than \$70,000 to enhance patient care. Employees considered multiple funding opportunities and more than 50 percent opted to support the hospital's greatest needs, including our seven clinical institutes.



New Foundation Board Officers and Members

Board Officers

Margarita Solazzo, Chair
Robert Deshaies, Vice Chair
Joe Hanauer, Secretary

Debashis Chowdhury, Treasurer
Jim Bastian, Immediate Past Chair

New Members

Toni Andrews	Deborah MacDonald
Vicky Carabini	Julianna Pyott
Thomas Giddings	Robert Roof
Ronald Hoffmeyer	

Golden State Foods and Wetteraus Honored

The inaugural Corporate Partners Spirit of Giving Award was presented to Golden State Foods in October for their distinguished legacy of engagement. Mark Wetterau, Chairman and CEO of Golden State Foods and his wife Ginny, have supported Mission Hospital since 2004. As part of its culture and heritage, Golden State Foods has demonstrated for decades the importance of contributing to others.

“We are honored to be recognized by Mission Hospital and associated with the wealth of good work the hospital provides,” shared Mark Wetterau.

This award honors the vision, commitment and generosity of our Corporate Partners.



One of the many benefits of our Corporate Partners program is the worksite wellness offerings. Golden State Foods recently partnered with Mission Hospital to present a Wellness Day for their employees including health screenings and educational programs.

“Golden State Foods is blessed with great people and a celebrated culture, we want to provide them with a safe, productive work place where they can do and be their very best,” shared Mark Wetterau.

To learn about Corporate Partners, call Jen Jones at (949) 365-2469.

Spirit of Giving Award celebration (left to right): Jim Bastian, Carl Nolet, Jr., Mark Wetterau, Ginny Wetterau and Dr. Richard Afable.

2017 Valiant Women Luncheon – April 21



Celebrate women and celebrate life at the Valiant Women Luncheon and Fashion Show on April 21, 2017 at the Monarch Beach Resort. The funds raised by the event will support a mobile 3D tomosynthesis mammography unit, da Vinci operating bed for female cancer surgeries and other women’s wellness priorities. One of the highlights will be the fashion show with Mission Hospital

physicians and nurses modeling spring designs from retailers at The Shops at Mission Viejo, our Presenting Sponsor. Last year’s Valiant Women Luncheon was an incredibly fun and successful event, raising nearly \$300,000. To purchase tickets, visit mission4health.com/vwluncheon.

At the 2016 event (left to right): Patsy Sanquist (The Shops at Mission Viejo), Lisa Brabender (Luncheon Chair) and Tricia Raymund (Valiant Women Chair).

It Is Our Time to Give Back



For Steven and Jennifer Pal, Mission Hospital is a treasured part of our community, not only for the care it provides to them, but for the health resources it provides to the entire region.

“There are literally hundreds of great organizations to support in our community, but Jennifer and I invest in Mission Hospital and in the health and wellness of our south Orange County community,” shares Steven. His

passion for health care originated years ago amid his diverse career in the pharmaceutical industry. Steven has served as a valued member of the Mission Hospital Foundation Board of Directors since 2009, and in 2015 also became a member of the Mission Hospital Board of Trustees. He devotes additional time to serve on the hospital’s Finance Committee and Community Benefit Committee.

“I was drawn to Mission Hospital because of the values and ideals that guide the organization. The focus is truly based on the mission of the Sisters of St. Joseph of Orange and their calling to identify and meet the needs of the community. That’s exactly what Mission Hospital does. Jennifer and I want to be part of that very meaningful and important work.”

This is an exciting time to be a volunteer leader at Mission Hospital. “We are undertaking so many innovative, remarkable projects, including our journey of excellence to develop our clinical institutes.”

“This is our time to give back and support Mission Hospital – an organization that we wholeheartedly believe in.”

Camino Health Center Auxiliary Fashion Show

Save the date for the next luncheon – November 6

The Camino Health Center Auxiliary Fashion Show raised \$247,000 in November as the auxiliary celebrated its 31st anniversary. The Royal Holiday themed-event included a fashion show featuring designs from South Coast Plaza retailers.

Since the auxiliary was founded in 1984, they have raised more than \$6 million and supported more than one

million patient visits at Camino Health Center for primary medical care, mental health and wellness services, family dental and nutrition care. South Coast Plaza has served as Presenting Sponsor since 2005 and helped the event to become rated among the top five luncheons in Orange County.

To learn more, visit mission4health.com/caminofs.



Luncheon leadership (left to right): Patti Fukushima (Vice Chair), Anne Crawford (Chair) and Vanessa Silvan (Vice Chair).

Mission Hospital Saved My Life

Kristy and her husband, Robert, were at a school event for their daughter when she began to feel the most incredible pain, like a hammer hitting her in the head. Kristy had migraines before, but this was overwhelming.

Fortunately, Mission Hospital has one of the premier interventional radiology programs in the nation and offers the region's most comprehensive neurologic care. Kristy's brain aneurysm was promptly diagnosed.

"Every physician and nurse who cared for me was so nurturing and skilled," remembers Kristy. "They made me feel treasured. I felt each one was completely devoted to my health."

Kristy's incredible care team included – Dr. Joey Gee (Neurologist), Dr. Rahul Kale (Pulmonologist), Dr. Todd Lempert (Interventional Radiologist), Dr. Farzad Massoudi (Neurosurgeon), and Dr. Chiedozie Nwagwu (Neurosurgeon) – and dozens of caring nurses.

"I want to thank all the donors who continue to invest in Mission Hospital," says Kristy. "I am very grateful that we have such an incredible hospital in our community. All the donations that fund superior technology truly helped to save my life."

"We are blessed to have an amazing integration of care at Mission Hospital," says Dr. Joey Gee, board-certified neurologist and co-executive medical director of the



Mission Neuroscience Institute. "Each discipline comes together to provide the most extraordinary care which leads to optimal healing."

"Thanks to the generosity of our donors, the Mission Neuroscience Institute is playing a leading role in neuroscience and spine care and research, significantly improving the lives of our patients and their families," says Dr. Farzad Massoudi, board-certified neurosurgeon and co-executive medical director of the Mission Neuroscience Institute.

Kristy and Dr. Joey Gee meet following her five-year post surgical consultation.

Mission Named Distinguished Hospital for Clinical Excellence

Mission Hospital was recently named among the top 5% of hospitals in the nation based on overall clinical excellence, objective clinical outcomes and comprehensive and consistent quality by Healthgrades.

Only 258 hospitals were recognized for this prestigious designation in 2017.

A Tribute to Herbert Nootbaar – A Community Treasure

A dedicated philanthropist and long-time Laguna Beach resident, Herbert Nootbaar was a significant part of Mission Hospital Laguna Beach.

Mr. Nootbaar celebrated his 108th birthday in November and sadly, passed away in December.

When asked to share some birthday wisdom, Mr. Nootbaar offered the following, "Love is the most important thing in the world. Treasure one another and keep your heart focused on love, everything else will fall into place."

Herbert Nootbaar with his son, John (to his left) and (to the right) his daughter-in-law, Caren and Gwen Anderson.

Thanks to his community engagement, advocacy and fundraising efforts, the hospital was established in 1959 as South Coast Medical Center and became Mission Hospital Laguna Beach in 2009.

A lifetime member of Mission Hospital's distinguished Philanthropist Circle, Mr. Nootbaar was a treasured member of the Mission Hospital family.

One of Mr. Nootbaar's most notable gifts to the hospital helped to create the original radiation building in honor of his wife, Dorothy. "We spent so much time traveling to radiation treatments; I wanted to provide a



place here in Laguna Beach that would offer excellent care close to home."

Mission Hospital thanks Mr. Nootbaar for his enduring support for Mission Hospital, helping to ensure that the Laguna Beach community has the highest quality medical care.

See Your Dollars at Work

When you give to Mission Hospital, you are making a major difference in the health of our community.

- Your gifts are helping us to complete a \$4.4 million renovation of our Maternity Center to create a warm and nurturing environment to welcome new lives into the Mission Hospital family.
- With your support and donations to our Light Up a Life tree lighting ceremony in December, Mission Hospital is able to enhance palliative



care services by incorporating music therapy and massage, and offer hospice support to those in need.

- Through your generosity, Mission Hospital is building Orange County's only mental health dual-diagnosis unit to care for people – especially young adults – struggling with chemical dependency and mental illness.
- Your support is allowing our nurses to enhance their skills and knowledge through advanced degrees, conferences and seminars.



- Thanks to philanthropic support, trauma and emergency patients at Mission Hospital Laguna Beach receive state-of-the-art care and diagnostic imaging at the Sue and Bill Gross Emergency Department.
- Your donations to the Valiant Women THINK PINK Breast Health Wall of Honor, which raised more than \$80,000 during the month of October, will provide underinsured breast cancer patients with diagnostic care and treatment free of charge.

Advanced Trauma Care Around the Clock



Each time time Dr. Almaas Shaikh enters the trauma room, she says a brief prayer, "Please God, guide my hands and heart to lead this team to do what is right for this patient." As Mission Hospital's Trauma Director, Dr. Shaikh says that prayer frequently.

Dr. Shaikh came to Mission Hospital in the summer of 2014. She has a unique skill set, having trained at the prestigious Shock Trauma at the University of Maryland, where her training was both in the clinical management of the trauma patient and in trauma leadership. Under her leadership the Trauma Program has expanded its clinical services remarkably, elevating trauma care across south Orange County.

There are four trauma centers in Orange County, which is home to more than three million people. "We provide trauma services for a very large geographic area covering all of south Orange County as far south as the San Diego County line. That's a significant number of lives for which we take responsibility," shares Dr. Shaikh.

Mission's trauma volume has increased considerably over the last few years - 1,691 in 2014, 3,358 in 2015 and 3,721 in 2016. As our community continues to expand with new developments in Rancho Mission Viejo and surrounding areas, the number of people who require trauma care will also increase.

"When the unexpected tragedies occur, Mission Trauma stands ready when seconds really count. But even more importantly, we focus on prevention because at Mission Trauma we know that the best way to treat a trauma is to prevent it from happening in the first place," says Dr. Shaikh. As a result, our trauma team is strongly committed to community education and prevention. Each member of the team from physicians, nurses, therapists, and administrative coordinators - dedicates time to educate our community on how to avoid traumatic incidents.

We are very blessed to have an incredible trauma team at Mission Hospital.

To learn more about Mission Hospital Foundation and our commitment to raise funds in support of Mission Hospital, please visit mission4health.com/foundation or call (949) 364-7783.

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